



GRT COLLEGE OF EDUCATION

TIRUTTANI-631209

AURAS - 9



PRINCIPAL'S COMMUNIQUE



“Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers.”

Dear Students, Faculty members and Staff,

It is with great pleasure that I address you through this News Letter as the Principal of GRT College of Education. Our institution is dedicated to foster excellence in education, holistic development and community engagement. I am proud of the achievements and contributions of our students, faculty members and staff towards academic excellence, innovation and social responsibility. Your hard work and dedication inspire us all. As we navigate challenges and embrace opportunities, let us continue to uphold our values of integrity, respect and inclusivity. Together, we can create a nurturing and dynamic learning environment where every individual can thrive and succeed.

I encourage you to actively participate in the diverse academic and co-curricular activities offered by the college. Let us continue to learn, grow and make a positive impact in our communities and society. Thank you for your continued support and commitment to excellence. I look forward to a successful and fulfilling academic year ahead.

Best Regards
Dr. Radhika Vidyasagar
Principal, CRT College of Education.

“Keep learning and keep growing, for knowledge is power.”

Board of Editors

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Dr. Radhika Vidyasagar
Principal

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B. Venkatarathanam
Assistant professor

P. Krishnan
Assistant Professor

Rays of Auras

- **Celebrations**
- **Awards & Achievements**
- **Inauguration**
- **Webinars & Club Activities**

"EDUCATIONISTS SHOULD BUILD THE CAPACITIES OF THE SPIRIT OF INQUIRY, CREATIVITY, ENTREPRENEURIAL AND MORAL LEADERSHIP AMONG STUDENTS AND BECOME THEIR ROLE MODEL."

Celebrations



GRT College of Education's NSS students planned to celebrate international Labour Day to promote the rights of working class and prevent them from exploitation and to commemorate the struggles and sacrifices of the workers. The theme for the year was "A safe and healthy working environment as a fundamental principal and right at work" This emphasis the importance of work place safety and health as essential principles and rights. Various competitions were conducted for the workers and the day was made special for them by presenting them with prizes and gifts on 02.05.2023.

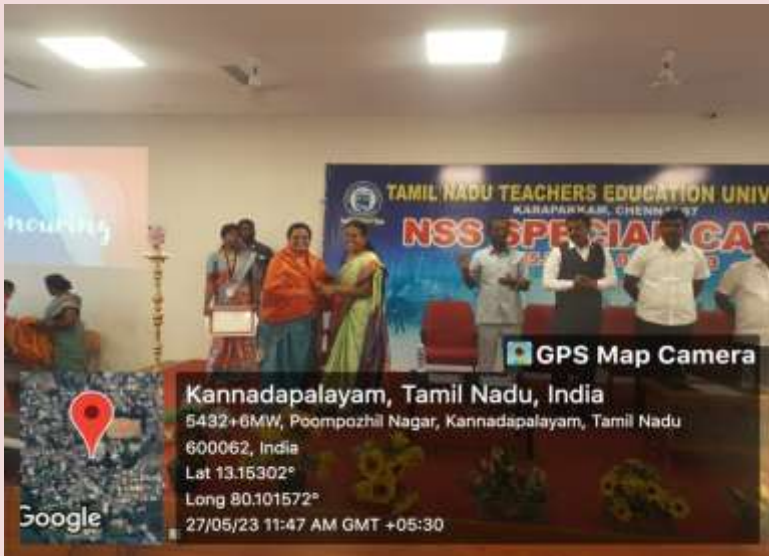
On 15.5.2023 Health and well-being programme was designed to promote holistic wellness, focusing on physical, mental and emotional health. Topics such as nutrition, stress management, mindfulness and exercise routines were discussed by Dr. Radhika Vidyasagar. The programme was prioritizing inclusivity and assessability, ensuring that everyone can participate and benefit from our health and well-being initiatives attendees experienced a supportive and empowering that encouraged collaboration, creativity and critical thinking. Participant also gained valuable knowledge, skills and perspectives that will serve them well in their academic and professional journeys.



World AIDS Vaccine Day was celebrated on 18.05.2023 which was a significant and impactful event, raising awareness about HIV/ AIDS prevention and vaccine research through the expert talk participants gained a deeper understanding of the global efforts to combat HIV/ AIDS and the importance of vaccine development. The programme highlighted the latest advancements in HIV/ AIDS research, emphasizing the potential of vaccines in controlling and ultimately ending the epidemic. Attendees had the opportunity to engage themselves with healthcare professionals, leading researchers and advocates gaining insight into the challenges and opportunities in the fight against HIV/ AIDS. The event also focused on reducing stigma and discrimination and associated with HIV/AIDS.



Celebrations



NSS has been at the forefront of promoting social welfare and community development. In GRT College of Education NSS Special Camp was organised from 27.05.2023 to 02.06.2023. In the Inaugural programme the chief guest was Mr. Tamilan Prasanna, Advocate Madras High Court, Chennai in which the presidential address was given by Dr. P. Natesan, VC Sub commity member and syndicate member, TNTEU and the camp was inaugurated by Prof. P.C. Naga Subramani, Registrar, TNTEU. Felicitation address was delivered by Prof. P. Ganesan, COE, TNTEU. This was jointly held with TNTEU and Nazareth College of Education, Chennai. Followed by the inaugural session Mr. Alexander, Founder of Ilaiyugam, gave a session on "Know about yourself" and the day ended with cultural which was woven around the theme "Sustainability of Environment".

In the NSS Special camp volunteers of GRT College of Education involved in cleanliness campaign on 28.05.2023 and came to know that no matter how small the action is can create ripples of change that extent far beyond this camp among the youth. They cleaned Sri Subramanya Swamy temple, Tiruttani through team work and dedication, NSS volunteers demonstrated the power of collective action in creating positive change in our society. The initiatives not only beautify the temple but also instilled essence of pride and ownership among the volunteers and the community at large. This cleaning activity not only enhanced the physical appearance of the temple but also strengthened the bond between community members and their cultural heritage.



NSS camp serves as a platform for young individuals to come together and actively contribute to the betterment of society. GRT College of Education volunteers visited senior citizen home on 29.05.2023 and spent time with them which helped to develop empathy and compassion, built a sense of responsibility, enhanced inter personal skills, combating ageism and stereotype, promoted mental and emotional well-being which they learnt from their past. This initiative created meaningful intergenerational connection, bridging the gap between youth and the elderly and promoted mutual understanding. Volunteers also assisted them with their basic course, organized health checkups and distributed essential items, contributing to the well-being and comfort of the residents. Heartfelt gratitude from the old age home residents and staff highlighted the importance of such compassionate gestures in our society.

Celebrations



Third Day of the NSS camp on 30.05.2023 Orientation Programme was conducted by Dr.S.Suthakar, Assistant Professor in which essential information about the rules, activities, guidelines, expectations and responsibilities were briefed by him. Question and answer session was also set the tone of the camp experience which helped to familiarize oneself with the camp environment, connect with the fellow participants and to understand the goals of the camp. The programme provided new volunteers with a comprehensive understanding of the organisation's mission, vision and values. It also familiarized volunteers with diverse range of activities and projects they can participate in to make of positive impact in society. The orientation programme also highlighted the roll of NSS in promoting National integration, cultural diversity and social harmony, overall the programme laid foundation to volunteers to embark on a meaningful journey of service, learning and personal growth.

The primary objective of NSS is to foster community engagement and social service by visiting villages, NSS camp participants have the opportunity to directly interact with rural communities, understand their needs and contribute to their development. It allows volunteers to establish the connection with the people they serve and develop a sense of empathy and understanding. The Fourth day of the camp fully served this objective. On 01.06.2023 NSS volunteers actively engaged with community members to identify needs, priorities projects and implemented sustainable solutions for development. NSS volunteers facilitated discussions on topics such as Health awareness, hygiene practices, environmental conservation and social inclusion. Through community engagement, volunteers empowered villagers by providing access to information, resources and services that improve their quality of life.



Celebrations



Life skills play a crucial role in the development and success of NSS Volunteers. These skills enable volunteers to enhance their personal growth, communicate effectively, solve problems, collaborate with others, exhibit leadership and adapt different situations. By nurturing life skills, NSS Volunteers can make a positive impact on their communities and contribute meaningfully to society. A retired District Educational Officer Thiru.E.M. Logamani trained them with passion on the fifth day i.e., 02.06.2023 of the NSS Camp. Volunteers received guidance on developing healthy habits, maintaining work-life balance and prioritizing self – care for overall wellbeing. Volunteers were also engaged in activities that promote team work, collaboration, conflict resolution and effective leadership within diverse settings. Through this interactive session volunteers learnt to be proactive and to enhance personal development and overall wellbeing.

Traffic awareness in NSS Camps is vital for ensuring road safety, protecting volunteers, engaging responsibly with the community, and managing traffic during events, responding to emergencies promoting responsible citizenship and developing transferable life skills. By imparting traffic education, NSS volunteers become more aware, responsible and capable individuals who can navigate road safely and contribute to build a safer society. On 03.06.2023 Deputy Superintendent of Police Thiru. VigneshTamilmaran was the resource person for traffic awareness and valedictory Programme of NSS special camp. Participants received information on pedestrian safety, bicycle safety and the importance of wearing seat belts and helmets for personal protection. In the valedictory session prize distribution was done. Overall the valedictory session served as a memorable and meaningful closure, fostering a sense of achievement, camaraderie and motivation for future endeavours.



World Environment Day - 05.06.2023

It is very important to organize our efforts to protect the climate and environment. We will be able to give a safe environment to our coming generations only when every citizen of the country makes a united effort to maintain the balance of water, air and land so students on the world environment day were made to plant saplings and to have an awareness about eco balance. They were also given awareness about single use plastic bans such as ear buds with plastic sticks, plastic flags, invitation cards, plastic or PVC banners etc., The programme was organized by the NSS programme officer Mr. B. Venkatarathanam which received appreciation from the local community and environmental organisations, highlighting the college's roll as a responsible and environmentally conscious institution. The tree planting activity also served as an educational opportunity, raising awareness, about the benefits of trees, reforestation, efforts and the importance of environmental stewardship.

Celebrations



Children of Chinni Sriramulu Chetty Vivekananda Vidyalaya Matriculation School, Kakkalur, Thiruvallur were given awareness about child labour as it carries immense importance as it seeks to be eradicated globally. Which serves as a powerful reminder that countless children across the world still suffer from exploitative and dangerous work environments. World Day Against Child Labour on 12.06.2023 included educational presentations, interactive discussions and awareness – raising activities to shed light on the harmful effects of child labour on children’s physical, mental and emotional development. Dr. Radhika Vidyasagar, Principal, GRT College of Education’s address focused on the school’s commitment to promote child rights, providing quality education and advocating for policies and programmes that protect children from exploitation and abuse. Through such awareness – raising activities, the school reaffirmed its dedication to create a safe, inclusive and child friendly environment where every child can thrive, learn and dream without fear of exploitation or injustice.

International Yoga Day was celebrated on 21.06.2023. Yoga provides a holistic approach to health and well-being apart from striking a balance between all aspects of life. “Yoga for Vasudhaivakumbakam” i.e., yoga for the welfare of all in the form of “One world – One family” symbolizing this in the college premises. The B.Ed students were guided to do Yoga as a unit. Students also showcased their creativity through Yoga – themed performances adding a vibrant and cultural dimension to the celebration. The success of the International Yoga day celebration was the evidence of positive feed-back, increased interest in yoga among students and a renewed focus on holistic wellness. Moving forward, the college aims to integrate yoga and mindfulness practices into regular curricular activities, nurturing a culture of well-being and balanced among students and faculty alike.



GRT College of Education, student teachers participated in the awareness programme conducted on Drug abuse and human Trafficking which fell on International Day against Drug abuse and illicit Trafficking i.e., on 26.06.2023 and the District Collector Dr. Alby John Varghese, I.A.S. distributed prizes to our students for their wonderful Kolam done depicting the awareness messages. This day served as a platform to educate communities, promote prevention initiatives and advocate for policies that combat drug abuse and trafficking. This programme also raised awareness about the danger caused by drug abuse and the impact of illicit drug trafficking.



Celebrations



Van Mahotsav – Plantation Drive was conducted on 03.07.2023. A plantation drive is a focused effort to plant trees in specific areas to enhance green cover, combat deforestation and mitigate the impacts of climate change. Van mahotsav celebration raises awareness about the importance of forests and promote sustainable forest management. The programme started in gracious presence of Dr. Radhika Vidyasagar, Principal, GRT College of Education in the programme 100 NSS volunteers and faculty members were present. Each student planted 1 tree. About 100 plants were planted by team. The activity was organized under the guidance of NSS program officer Mr.B.Venkatathanam. The students worked hard for successful plantation drive.

World Population Day (11.07.2023) is an annual event observed every year on the 11th of July to spread awareness not only about the increasing population and its impact on society, nations, and environment but also educating the student teachers and public to control it. Dr.Padmavathi, Principal, GRT College of Nursing was the guest speaker who highlighted the above mentioned facts. The event showcased innovative solutions, best practices and success stories from around the world in addressing population – related issues and promoting human well-being. The guest speaker shared insights, research findings and recommendations for addressing population related challenges and promoting inclusive development. In future GRT College of Education reaffirmed its commitment to integrate population education, reproductive health and sustainable development, concepts into its curriculum and activities, empowering future educators to contribute to positive change in society.



World Youth Skills Day is an annual observance held on July 15th 2023 to emphasize the significance of equipping young individuals with essential skills and encouraging their active engagement in the workforce. This day aims to acknowledge the crucial role of skill development in tackling youth unemployment while fostering economic growth and social progress. By highlighting the importance of empowering young people with the necessary expertise, World Youth Skills Day promotes their inclusion and enhances their opportunities for a prosperous future. The celebration future skill-building workshop aimed at honing critical thinking creativity and communication skill among youth. Our institution reiterated its commitment to foster a culture of skill development, lifelong learning, innovation, and empowering youth to build the successful carriers and contribute meaningfully to society.



Celebrations



Health Awareness Programme was organized on 18.07.2023. Health awareness camps and mobile clinics are organized to reach remote areas and underserved populations, ensuring equitable access to health care resources. NSS unit and Muthoot finance organized jointly a Health Camp in Iluppur. Basic medical checkup was done along with the blood test. Based on the report doctors prescribed medicine and counseling was also given for the required people. Around 84 villagers were benefitted through this camp. Our management also provided lunch for everyone. The impact of the health awareness programme was measured through health indicators, feedback from participants and observed improvements in health – seeking behaviours and outcomes within the village community.

July 2023: World Nature Conservation Day is annually observed on July 28th to promote awareness regarding the criticality of preserving and safeguarding the environment and its valuable natural resources. This day serves as a reminder of the significance of adopting sustainable practices and engaging in conservation efforts to protect our planet for future generations. World Nature Conservation Day encourages individuals, communities, and organizations to actively participate in initiatives that promote the sustainable use of resources, mitigate environmental degradation, and preserve biodiversity. By recognizing the importance of nature conservation, we can collectively work towards ensuring a healthier and more sustainable future for ourselves and the generations to come. Participants pledged to adopt eco-friendly life styles, promote conservation efforts in their communities and advocate for policies that protect natural habitats and wildlife.



World Hepatitis Day is celebrated annually on July 28th to increase awareness about viral hepatitis and advocate for measures to prevent, diagnose, and treat this significant global health concern. This day offers a platform to emphasize the significance of hepatitis prevention, testing, and treatment in order to alleviate the disease's impact worldwide. World Hepatitis Day aims to reduce the burden of hepatitis by promoting education, encouraging regular screenings, and fostering access to appropriate medical care. It serves as a reminder that through collective efforts and informed actions, we can work towards eliminating hepatitis and improving the health and well-being of individuals and communities across the globe. World Hepatitis Day reinforces the Global commitment to eliminate viral hepatitis as a public health threat by 2030, as outlined in the World Health Organisation's (WHO) Global Health Sector Strategy on Viral Hepatitis.